

[Monday Music at Tidal Falls Preserve.](#)

Free outdoor concerts on the lawn in front of the majestic reversing falls! Presented by [Frenchman Bay Conservancy](#), your local land trust protecting over 8,000 acres of land, 28 miles of public hiking trails, and hosting over 70 public programs each year.

Food and dessert trucks will provide hot veggie and beef burgers, chicken wings, fries, ice cream and a range of other items! Bring a lawn chair.

Weather cancellations will be posted online and at the road by 3:30pm.

July 15 Michael and the Ya Yas, 6pm

July 22 [Trisha Mason Music](#), 6pm

July 29 [Shirt Tail Kin](#), 6pm

Aug. 5 Night & Day, 6pm

Aug. 12 [Gus La Casse, fiddler](#), 6pm

Aug. 19 Him & Her, 6pm

Travel Tip created by Maria in association with [Vacation Soup](#)

[Shinrin-Yoku Forest Bathing Walk~Taft Point Gouldsboro ME](#)

Join Sandy for a relaxing Forest Bathing Walk at Frenchman Bay Conservancy trails at Taft Point, Gouldsboro ME.

Saturday, May 18th

Space is limited.

Please RSVP by calling 422-2327 or emailing austin@frenchmanbay.org at least 12 hours in advance. Tea and snacks shall be served. Once filled, you may be added to a wait list.

Carpooling is highly recommended due to limited parking. Please meet at the FBC office, Tidal Falls in Hancock.

Guests shall carpool over together and begin walk onsite at 9:45 am.

What is Forest Bathing? See this intro: <https://www.youtube.com/watch?v=wixyvQMCFj4>

For preserve directions and more information visit www.frenchmanbay.org
<http://frenchmanbay.org/events/spring-hike-taft-point-forest-bathing/>

Shinrin-Yoku Forest Bathing Walk~Frazer Point, Winter Harbor

Join Sandy for a relaxing Forest Bathing Walk along Frazer Point Picnic Area.

50% of proceeds for this walk shall go to local Winter Harbor organizations: SACC, ACWC, SI and SAFA.

Special Offer of only \$20.

(Regular fee in Season is \$40)

Space is limited.

Please RSVP at least 12 hours in advance. Tea and snacks shall be served. Once filled, you may be added to a wait list. Carpooling is highly recommended due to FREE Admission ~ Acadia National Park Days.

Intro to Climbing - Acadia Nat'l Park

Learn how to climb outside accompanied by a sea breeze! Check out the iconic Acadia National Park from a new angle. Our staff will teach you how to climb outside on a top rope. Learn climbing technique and enjoy an incredible view.

This course is an opportunity to experience the pleasure of multi-pitch rock climbing. You will enjoy the scenic views and fresh ocean air of Acadia National Park while hanging out on the side of a cliff. Each participant will have a chance to experience climbs ranging from two to three pitches.

Blue Hill Heritage Trust Winter Hike - Meadowbrook Forest

Wednesday, March 13th Meadowbrook Forest 10am-noon

Join BHHT volunteers Merrie Eley & Barbara Kourajian for their 4th Annual Winter Hikes Series! These fun group hikes are a great way to explore the woods in the winter. Please dress accordingly, and bring snow shoes, ice creepers, or sturdy boots and poles depending on the conditions. Hot beverages and snacks will be provided, so please let us know if you can attend so we have enough for everyone and so we can notify you of any changes in case some nasty weather sneaks up on us (registration not required, it just helps).

These hikes will take place on BHHT properties and everyone is welcome. Hope to see you out in the

woods this winter!

Meadowbrook Forest is located off the Bucksport Rd in Ellsworth. From the Ellsworth end of the North Bend Rd, turn right towards Ellsworth and travel apx 2mi until you see the BHHT Event Sign along the right side road. *More information on parking to come. Please stay tuned.

Tree Tapping & Sap Boiling Demonstration at Blue Hill Heritage Trust

Join local tree tapping expert and syrup enthusiast Tim Laflam at the BHHT headquarters for a family fun afternoon celebrating maple sugaring season! Get lessons on how to tap trees, see “boiling” demonstrations and even get to taste the finished product over ice cream or yogurt!

Free & open to all. 157 Hinckley Ridge Rd, Blue Hill

Saturday, March 2, 1-3pm

www.bluehillheritagetrust.org for more info

Ocean Drive Bird Walk - Acadia

Join us for a casual late winter stroll along Ocean Drive between Sand Beach and Otter Cliffs. You can't beat the view, and with the ocean on one side and evergreen forest on the other, we have the potential to see a good variety of birds. Remember that winter access for the park is via Schooner Head Road off Route 3 after Bar Harbor village.

Please pre register for this event by emailing deaudubon@gmail.com

March 9th - 9am-noon (Rain date March 10)

Sand Beach, Acadia National Park

<http://www.downeastaudubon.org/p/programs-events.html>

[22nd Annual Great Backyard Bird Count](#)

Anyone who has internet access can participate in this mid-winter birding event sponsored by the Cornell Lab of Ornithology and National Audubon. All you have to do is:

- *Count birds for at least 15 minutes at your favorite location(s).
- *Record the highest number of each species seen at once.
- *Enter your checklists on the GBBC website: gbbc.birdcount.org/ or on your eBird account.

Launched in 1998, the Great Backyard Bird Count was the first online citizen-science project to collect data on wild birds and to display results in near real-time. Since the merger with eBird, people from all over the world can now participate in this global event!

www.downeastaudubon.org for more info

[Free Admission to Acadia National Park Days - 2018](#)

The five [entrance fee-free days](#) for 2019 will be:

- Monday, January 21 - Martin Luther King, Jr. Day
- Saturday, April 20 - First Day of National Park Week/National Junior Ranger Day
- Sunday, August 25 - National Park Service Anniversary
- Saturday, September 28 - National Public Lands Day
- Monday, November 11 - Veterans Day

“The entrance fee-free days hosted by the National Park Service are special opportunities to invite visitors, volunteers and veterans to celebrate some important moments for our parks and opportunities for service in those parks,” said National Park Service Deputy Director P. Daniel Smith.

The National Park System includes more than 85 million acres and includes national parks, national historical parks, national monuments, national recreation areas, national battlefields, and national seashores. There is at least one national park site in every U.S. state.

Last year, 331 million people visited national parks spending \$18.2 billion, which supported 306,000 jobs across the country and had a \$35.8 billion impact on the U.S. economy.

Only 115 of the 418 parks managed by the National Park Service charge entrance fees regularly, with fees ranging from \$5 to \$35. The other 303 national parks do not have entrance fees. The entrance fee waiver for the fee-free days does not cover amenity or user fees for activities such as camping, boat launches, transportation, or special tours.

The annual \$80 [America the Beautiful National Parks and Federal Recreational Lands Pass](#) allows

unlimited entrance to more than 2,000 federal recreation areas, including all national parks. There are also free or discounted passes available for senior citizens, current members of the U.S. military, families of fourth grade students, and disabled citizens.

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[DownEast Scenic Railroad - Ellsworth, Maine](#)

Info taken from the DownEast [Scenic Rail website](#):

From canopied forest where the light sparkles through the tree tops as chickadees and nuthatches bounce from limb to limb, to open marshland where beaver, heron, turtles, and moose might be seen, the restored section of the Calais Branch Lines gives passengers a view not seen since the wealthy “rusticators” traveled from the cities to their summer homes on the Line.

You’ll travel over bridges, roll past schools and houses, hear the clack of the rails muffle on the thick woodland moss, and delight in the sound of the horn at the crossing. Watch as the powerful engine moves from the front to the back of the train to take you to Washington Junction rail yard where you’ll see the heavy equipment that keeps the rail running, and pass train components and cars currently being restored for use on the Downeast Scenic Railroad before coming back to the Ellsworth depot. On the way be sure to look for the nests of the giant osprey, and the big beaver hutches in the wetlands! In addition to exceptional views of wetland marshes, glacial erratica including massive boulders, river and stream crossings, while traveling and working on this stretch of the line we have observed many forms of wildlife including osprey, blue herons, bald eagles, moose, deer, snapping turtles, beavers...and bears!

The current traveling time is roughly 90 minutes, and traverses a 13-mile section of the restored railroad. Water and light snacks are available for purchase, and you are welcome to bring your own picnic lunch.*



At the core of the Downeast Scenic Railroad Project is the rehabilitation of the Washington Junction/Ellsworth to Green Lake section of the Calais Branch Line to create a 24-mile round- trip excursion ride. Other project components include construction of storage/repair facility at Washington Junction.

You can [explore the history of the Calais Branch Line here](#).

Fares

Adults \$15.00

Children 3-12 years \$8.00

Children under 2 years of age not occupying a seat may ride at no charge.

Tickets

You may pick up reserved tickets or purchase tickets the day of your trip one half hour before departure at the ticket office located at the boarding platform.

Days of operation, schedules, fares, motive power and cars are subject to change without notice. All fares listed are for roundtrip transportation. Advance ticket purchase and confirmation of schedules is highly recommended.

The season begins in late May and runs on weekends through late October

