

Reversing Falls in Pembroke, Maine

The oh-so-interesting phenomenon of reversing falls can be seen in the narrows between Dennys Bay and Cobscook Bay in Pembroke, Maine.

Because the tides in the area are among the worlds highest tides, that, combined with the large rock ledge, makes the falls appear to reverse several times per day.

Fun Falls Facts:

- *Reversing Falls is a town park.
- *Historically it was a farmstead.
- *The cemetery remains (on the right side).
- *Opposing currents create reverse waterfall at low tide.
- *There are strong currents at all sides.
- *There is an old shipwreck on the left hand shore.
- *Check the tide table to be there at low tide.

From Machias, it is about a 45 minute drive north on Route 1 to Pembroke.

It is a right hand turn off of the highway just before the post office (if you pass it, turn around at the gas station).

After turning right off route 1 north, go to the end of the road, turn right then a quick left onto Leighton Point Road where there is a sign (well, sometimes not) that says "Reversing Falls".

Go 3 3/10 mile up that road and take the right onto Clarkside Road. There is also a sign that says "Reversing Falls & Cobscook Trails" (high up on a telephone pole).

Follow that to the end and take a left at the intersection.

Follow that to the end (about 1 1/2 miles on a dirt road).

Follow the trail through the fragrant forest.

Travel Tip created by Maria in association with [Vacation Soup](#)